



**SUB JUNIOR  
RHYTHMIC  
GYMNASTICS  
NATIONAL  
CHAMPIONSHIP  
2022-2023**

**RESULT BOOK**



# SUB JUNIOR RHYTHMIC GYMNASTICS NATIONAL CHAMPIONSHIP 2022-2023



Gopalan Sports Center (Gopalan International School)  
Bengaluru, Karnataka - 560048  
29<sup>th</sup> to 31<sup>st</sup> March 2023

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## Result Summary – Rhythmic Gymnastics Championship

### Team Championship

#	STATE/UNIT	FINAL SCORE	RANK
1	MAHARASHTRA	203.05	1
2	HARYANA	176.40	2
3	JAMMU AND KASHMIR	163.30	3

### Individual All Around

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	FINAL SCORE	RANK
1	136	SAIDNYA SHINDE	MAHARASHTRA	81.10	1
2	137	RITIKA INGALGAONKAR	MAHARASHTRA	81.05	2
3	133	SIA PRAKASH	HARYANA	76.65	3

### Hoop

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	FINAL SCORE	RANK
1	137	RITIKA INGALGAONKAR	MAHARASHTRA	21.70	1
2	136	SAIDNYA SHINDE	MAHARASHTRA	21.70	2
3	133	SIA PRAKASH	HARYANA	20.95	3



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## Ball

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	FINAL SCORE	RANK
1	136	SAIDNYA SHINDE	MAHARASHTRA	20.05	1
2	137	RITIKA INGALGAONKAR	MAHARASHTRA	20.00	2
3	133	SIA PRAKASH	HARYANA	18.30	3

## Clubs

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	FINAL SCORE	RANK
1	137	RITIKA INGALGAONKAR	MAHARASHTRA	20.90	1
2	133	SIA PRAKASH	HARYANA	20.65	2
3	138	SHAMIKA JOSHI	MAHARASHTRA	19.30	3

## Ribbon

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	FINAL SCORE	RANK
1	137	RITIKA INGALGAONKAR	MAHARASHTRA	19.15	1
2	133	SIA PRAKASH	HARYANA	18.85	2
3	136	SAIDNYA SHINDE	MAHARASHTRA	18.70	3





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## Medal Tally - State Wise

#	STATE/UNIT	GOLD	SILVER	BRONZE	TOTAL
1	MAHARASHTRA	6	3	2	11
2	HARYANA		3	3	6
3	JAMMU & KASHMIR			1	1



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## List of Participants

#	CHEST NO.	GYMNAST NAME	STATE/UNIT
1	101	NIRANJA ABHILASH	KERALA
2	102	VISRUTHA VINOD	KERALA
3	103	ABHINANDANA N A	KERALA
4	104	RITVIKA RAJESH	KERALA
5	105	RIYA PARVIN	WEST BENGAL
6	106	SOUMILI MALLICK	WEST BENGAL
7	107	METREYEE SHARNMA	RAJASTHAN
8	108	RAKSHITA SOLANKI	RAJASTHAN
9	109	MEHAL JAIN	RAJASTHAN
10	110	AANYA GOEL	UTTAR PRADESH
11	111	JASVEEN KAUR	UTTAR PRADESH
12	112	VAISHNAVI SHARMA	UTTAR PRADESH
13	113	K. KEERTHANA	TAMIL NADU
14	114	K. MAHALAKSHMI	TAMIL NADU
15	115	U. S. SAATHVIKA	TAMIL NADU
16	116	A. SAMYUKTHAA SREE	TAMIL NADU
17	117	ZIYA KHANNA	DELHI
18	118	ZANIAH SETHI	DELHI
19	119	SIYA RATHER	DELHI
20	120	ROCHAN RAWAT	DELHI
21	121	V. CHEATRA SREE	TELANGANA
22	122	NEHITHA	TELANGANA
23	123	K. SRILEKHA	TELANGANA
24	124	MANYA SHARMA	CHANDIGARH
25	125	NOOR	CHANDIGARH
26	126	DEEP	CHANDIGARH
27	127	SAMISHA	CHANDIGARH
28	128	RIYA BAFNA	KARNATAKA
29	129	DEETHYA K M	KARNATAKA
30	130	JASHVI BHANSALI	KARNATAKA
31	131	GRESHAM M	KARNATAKA
32	132	NAVIKA SINGH	HARYANA
33	133	SIA PRAKASH	HARYANA
34	134	MISHKA TURK	HARYANA
35	135	EESHA	HARYANA
36	136	SAIDNYA SHINDE	MAHARASHTRA
37	137	RITIKA INGALGAONKAR	MAHARASHTRA



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#	CHEST NO.	GYMNAST NAME	STATE/UNIT
38	138	SHAMIKA JOSHI	MAHARASHTRA
39	139	SWARANGI NARVEKAR	MAHARASHTRA
40	140	SEERAT ANAND	PUNJAB
41	141	ISHABIR	PUNJAB
42	142	HARMAN JEET KAUR	PUNJAB
43	143	ANUMEET KAUR	PUNJAB
44	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR
45	145	PRACHI SHARMA	JAMMU AND KASHMIR
46	146	SHRENYA SHARMA	JAMMU AND KASHMIR
47	147	HARGUN KOUR	JAMMU AND KASHMIR
48	148	DEETA PATEL	GUJARAT
49	149	DHANVI SHUKLA	GUJARAT
50	150	NAMRITA VASAVA	GUJARAT





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## **List of Officials**

### **Gymnast Association of Karnataka**

- Dr. C. Prabhakar, President
- Mr. G. Manohar Kamath, Vice President
- Mr. Kiran T. P. General Secretary

### **TSR Officials**

- Mr. Anil Mishra
- Mr. Pradeep Tiwari
- Mr. Amit Pandey
- Mr. Suresh Kumar

### **Competition Director**

- Mrs. Krupali Patel

### **Competition Manager**

- Mr. Kaushik Bidiwala



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**Result of Competition – I  
Result of Competition – II  
&  
Result of Competition - IV**



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## Event Qualification Results – Rhythmic Gymnastics

### Event Qualification – Hoop

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	FINAL SCORE	Q-RANK
1	136	SAIDNYA SHINDE	MAHARASHTRA	20.45	Q-1
2	137	RITIKA INGALGAONKAR	MAHARASHTRA	19.80	Q-2
3	139	SWARANGI NARVEKAR	MAHARASHTRA	19.50	-
4	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	19.30	Q-3
5	138	SHAMIKA JOSHI	MAHARASHTRA	18.40	-
6	133	SIA PRAKASH	HARYANA	17.45	Q-4
7	145	PRACHI SHARMA	JAMMU AND KASHMIR	16.40	Q-5
8	132	NAVIKA SINGH	HARYANA	15.85	Q-6
9	128	RIYA BAFNA	KARNATAKA	14.30	Q-7
10	118	ZANIAH SETHI	DELHI	13.40	Q-8
#	129	DEETHYA K M	KARNATAKA	13.25	R-1
#	141	ISHABIR	PUNJAB	13.10	R-2



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## Event Qualification – Ball

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	FINAL SCORE	Q-RANK
1	137	RITIKA INGALGAONKAR	MAHARASHTRA	21.55	Q-1
2	136	SAIDNYA SHINDE	MAHARASHTRA	21.45	Q-2
3	138	SHAMIKA JOSHI	MAHARASHTRA	21.15	-
4	133	SIA PRAKASH	HARYANA	20.55	Q-3
5	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	18.70	Q-4
6	119	SIYA RATHER	DELHI	18.60	Q-5
7	139	SWARANGI NARVEKAR	MAHARASHTRA	18.10	-
8	132	NAVIKA SINGH	HARYANA	17.65	Q-6
9	145	PRACHI SHARMA	JAMMU AND KASHMIR	17.45	Q-7
10	135	EESHA	HARYANA	16.65	-
11	134	MISHKA TURK	HARYANA	16.45	-
12	109	MEHAL JAIN	RAJASTHAN	16.35	Q-8
#	110	AANYA GOEL	UTTAR PRADESH	15.70	R-1
#	117	ZIYA KHANNA	DELHI	15.55	R-2



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## Event Qualification – Clubs

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	FINAL SCORE	Q-RANK
1	137	RITIKA INGALGAONKAR	MAHARASHTRA	20.20	Q-1
2	138	SHAMIKA JOSHI	MAHARASHTRA	19.60	Q-2
3	136	SAIDNYA SHINDE	MAHARASHTRA	19.35	-
4	133	SIA PRAKASH	HARYANA	19.35	Q-3
5	139	SWARANGI NARVEKAR	MAHARASHTRA	18.35	-
6	134	MISHKA TURK	HARYANA	17.05	Q-4
7	145	PRACHI SHARMA	JAMMU AND KASHMIR	15.90	Q-5
8	135	EESHA	HARYANA	15.50	-
9	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	15.50	Q-6
10	109	MEHAL JAIN	RAJASTHAN	15.35	Q-7
11	117	ZIYA KHANNA	DELHI	15.00	Q-8
12	119	SIYA RATHER	DELHI	14.90	R-1
13	118	ZANIAH SETHI	DELHI	14.85	-
14	128	RIYA BAFNA	KARNATAKA	14.40	R-2





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## Event Qualification – Ribbon

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	FINAL SCORE	Q-RANK
1	136	SAIDNYA SHINDE	MAHARASHTRA	19.85	Q-1
2	137	RITIKA INGALGAONKAR	MAHARASHTRA	19.50	Q-2
3	133	SIA PRAKASH	HARYANA	19.30	Q-3
4	138	SHAMIKA JOSHI	MAHARASHTRA	17.70	-
5	139	SWARANGI NARVEKAR	MAHARASHTRA	17.35	-
6	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	16.25	Q-4
7	134	MISHKA TURK	HARYANA	16.10	Q-5
8	145	PRACHI SHARMA	JAMMU AND KASHMIR	16.00	Q-6
9	128	RIYA BAFNA	KARNATAKA	15.40	Q-7
10	132	NAVIKA SINGH	HARYANA	15.25	-
11	135	EESHA	HARYANA	14.65	-
12	118	ZANIAH SETHI	DELHI	14.50	Q-8
#	109	MEHAL JAIN	RAJASTHAN	13.70	R-1
#	110	AANYA GOEL	UTTAR PRADESH	13.55	R-2



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## Individual All Around Final – Rhythmic Gymnastics

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	HOOP	BALL	CLUBS	RIBBON	TOTAL	RANK
1	136	SAIDNYA SHINDE	MAHARASHTRA	20.45	21.45	19.35	19.85	81.10	1
2	137	RITIKA INGALGAONKAR	MAHARASHTRA	19.80	21.55	20.20	19.50	81.05	2
3	138	SHAMIKA JOSHI	MAHARASHTRA	18.40	21.15	19.60	17.70	76.85	-
4	133	SIA PRAKASH	HARYANA	17.45	20.55	19.35	19.30	76.65	3
5	139	SWARANGI NARVEKAR	MAHARASHTRA	19.50	18.10	18.35	17.35	73.30	-
6	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	19.30	18.70	15.50	16.25	69.75	4
7	145	PRACHI SHARMA	JAMMU AND KASHMIR	16.40	17.45	15.90	16.00	65.75	5
8	132	NAVIKA SINGH	HARYANA	15.85	17.65	14.05	15.25	62.80	6
9	134	MISHKA TURK	HARYANA	12.75	16.45	17.05	16.10	62.35	-
10	135	EESHA	HARYANA	12.45	16.65	15.50	14.65	59.25	-
11	119	SIYA RATHER	DELHI	12.05	18.60	14.90	13.45	59.00	7
12	109	MEHAL JAIN	RAJASTHAN	12.50	16.35	15.35	13.70	57.90	8
13	128	RIYA BAFNA	KARNATAKA	14.30	13.50	14.40	15.40	57.60	9
14	118	ZANIAH SETHI	DELHI	13.40	11.85	14.85	14.50	54.60	10
15	117	ZIYA KHANNA	DELHI	12.60	15.55	15.00	11.35	54.50	-
16	110	AANYA GOEL	UTTAR PRADESH	11.30	15.70	13.65	13.55	54.20	11
17	141	ISHABIR	PUNJAB	13.10	14.60	12.40	12.45	52.55	12
18	147	HARGUN KOUR	JAMMU AND KASHMIR	12.05	15.00	12.50	12.20	51.75	-
19	129	DEETHYA K M	KARNATAKA	13.25	13.75	12.00	10.65	49.65	13
20	120	ROCHAN RAWAT	DELHI	11.60	13.50	11.50	11.60	48.20	-
21	146	SHRENYA SHARMA	JAMMU AND KASHMIR	12.80	11.55	11.85	11.85	48.05	-
22	140	SEERAT ANAND	PUNJAB	11.80	12.40	11.50	11.60	47.30	14
23	130	JASHVI BHANSALI	KARNATAKA	10.50	12.15	10.50	9.05	42.20	-
24	111	JASVEEN KAUR	UTTAR PRADESH	9.55	8.30	11.60	10.85	40.30	15
25	142	HARMAN JEET KAUR	PUNJAB	10.30	9.15	10.60	7.45	37.50	-



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#	CHEST NO.	GYMNAST NAME	STATE/UNIT	HOOP	BALL	CLUBS	RIBBON	TOTAL	RANK
26	149	DHANVI SHUKLA	GUJARAT	9.40	12.00	6.45	9.45	37.30	16
27	112	VAISHNAVI SHARMA	UTTAR PRADESH	10.55	11.50	4.40	10.60	37.05	-
28	143	ANUMEET KAUR	PUNJAB	9.15	9.75	9.60	7.65	36.15	-
29	131	GRESHAM M	KARNATAKA	9.30	8.60	10.80	6.75	35.45	-
30	127	SAMISHA	CHANDIGARH	7.55	10.30	7.70	9.75	35.30	17
31	124	MANYA SHARMA	CHANDIGARH	8.90	8.65	8.70	8.80	35.05	18
32	148	DEETA PATEL	GUJARAT	9.70	10.65	7.40	7.10	34.85	19
33	125	NOOR	CHANDIGARH	7.55	9.40	7.50	5.85	30.30	-
34	126	DEEP	CHANDIGARH	7.10	9.35	6.80	6.80	30.05	-
35	102	VISRUTHA VINOD	KERALA	9.10	7.05	7.95	5.85	29.95	20
36	108	RAKSHITA SOLANKI	RAJASTHAN	8.50	7.35	6.30	6.95	29.10	21
37	121	V. CHEATRA SREE	TELANGANA	7.40	7.30	6.60	6.65	27.95	22
38	104	RITVIKA RAJESH	KERALA	9.15	6.20	6.30	5.45	27.10	23
39	107	METREYEE SHARMA	RAJASTHAN	6.85	6.60	6.30	7.05	26.80	-
40	101	NIRANJA ABHILASH	KERALA	7.55	6.80	7.10	5.20	26.65	-
41	105	RIYA PARVIN	WEST BENGAL	9.72	7.80	9.05	0.00	26.57	24
42	150	NAMRITA VASAVA	GUJARAT	6.15	6.40	6.40	6.00	24.95	-
43	103	ABHINANDANA N A	KERALA	7.60	6.05	6.10	4.75	24.50	-
44	122	NEHITHA	TELANGANA	5.75	8.05	5.45	5.00	24.25	25
45	123	K. SRILEKHA	TELANGANA	4.20	5.30	5.45	4.85	19.80	-
46	115	U. S. SAATHVIKA	TAMIL NADU	4.30	5.55	4.55	4.55	18.95	26
47	106	SOUMILI MALLICK	WEST BENGAL	6.45	6.25	6.20	0.00	18.90	27
48	116	A. SAMYUKTHAA SREE	TAMIL NADU	3.60	5.10	4.35	5.10	18.15	28
49	113	K. KEERTHANA	TAMIL NADU	2.65	3.95	4.40	4.75	15.75	-
50	114	K. MAHALAKSHMI	TAMIL NADU	2.10	4.50	4.30	4.75	15.65	-



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## Team Championship

#	STATE/UNIT	FINAL SCORE	RANK
1	MAHARASHTRA	203.05	1
2	HARYANA	176.40	2
3	JAMMU AND KASHMIR	163.30	3
4	DELHI	146.35	4
5	KARNATAKA	130.20	5
6	PUNJAB	120.75	6
7	UTTAR PRADESH	118.85	7
8	RAJASTHAN	101.20	8
9	CHANDIGARH	89.10	9
10	GUJARAT	84.95	10
11	KERALA	74.80	11
12	TELANGANA	62.95	12
13	TAMIL NADU	47.60	13



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## **Result of Competition –III**





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## Apparatus Final – Rhythmic Gymnastics

### Hoop

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	FINAL SCORE	RANK
1	137	RITIKA INGALGAONKAR	MAHARASHTRA	21.70	1
2	136	SAIDNYA SHINDE	MAHARASHTRA	21.70	2
3	133	SIA PRAKASH	HARYANA	20.95	3
4	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	18.85	4
5	128	RIYA BAFNA	KARNATAKA	17.00	5
6	132	NAVIKA SINGH	HARYANA	16.65	6
7	118	ZANIAH SETHI	DELHI	16.25	7
8	145	PRACHI SHARMA	JAMMU AND KASHMIR	14.00	8



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## Ball

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	FINAL SCORE	RANK
1	136	SAIDNYA SHINDE	MAHARASHTRA	20.05	1
2	137	RITIKA INGALGAONKAR	MAHARASHTRA	20.00	2
3	133	SIA PRAKASH	HARYANA	18.30	3
4	145	PRACHI SHARMA	JAMMU AND KASHMIR	18.00	4
5	132	NAVIKA SINGH	HARYANA	16.30	5
6	119	SIYA RATHER	DELHI	15.70	6
7	109	MEHAL JAIN	RAJASTHAN	14.75	7
8	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	13.90	8



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## Clubs

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	FINAL SCORE	RANK
1	137	RITIKA INGALGAONKAR	MAHARASHTRA	20.90	1
2	133	SIA PRAKASH	HARYANA	20.65	2
3	138	SHAMIKA JOSHI	MAHARASHTRA	19.30	3
4	134	MISHKA TURK	HARYANA	16.80	4
5	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	16.70	5
6	145	PRACHI SHARMA	JAMMU AND KASHMIR	15.40	6
7	117	ZIYA KHANNA	DELHI	15.25	7
8	109	MEHAL JAIN	RAJASTHAN	13.60	8



# SUB JUNIOR RHYTHMIC GYMNASTICS NATIONAL CHAMPIONSHIP 2022-2023



Gopalan Sports Center (Gopalan International School)  
Bengaluru, Karnataka - 560048  
29<sup>th</sup> to 31<sup>st</sup> March 2023

## Ribbon

#	CHEST NO.	GYMNAST NAME	STATE/UNIT	FINAL SCORE	RANK
1	137	RITIKA INGALGAONKAR	MAHARASHTRA	19.15	1
2	133	SIA PRAKASH	HARYANA	18.85	2
3	136	SAIDNYA SHINDE	MAHARASHTRA	18.70	3
4	145	PRACHI SHARMA	JAMMU AND KASHMIR	16.15	4
5	134	MISHKA TURK	HARYANA	16.05	5
6	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	13.70	6
7	118	ZANIAH SETHI	DELHI	13.50	7
8	128	RIYA BAFNA	KARNATAKA	12.40	8

Mrs. Krupali Patel

Competition Director



# **SUB JUNIOR RHYTHMIC GYMNASTICS NATIONAL CHAMPIONSHIP 2022-2023**

**Gopalan Sports Center (Gopalan International School)  
Bengaluru, Karnataka - 560048  
29<sup>th</sup> to 31<sup>st</sup> March 2023**



## **Annexure – I Detailed Scores**





# SUB JUNIOR RHYTHMIC GYMNASTICS NATIONAL CHAMPIONSHIP 2022-2023



**Gopalan Sports Center (Gopalan International School)  
Bengaluru, Karnataka - 560048  
29<sup>th</sup> to 31<sup>st</sup> March 2023**

## Annexure – I: Detailed Score

### Competition – I: Rhythmic Gymnastics

#### Hoop

#	CHEST	NAME	STATE	D- SCORE	A- SCORE	E- SCORE	PENALTY	FINAL
1	124	MANYA SHARMA	CHANDIGARH	2.05	4.05	3.40	0.60	8.90
2	127	SAMISHA	CHANDIGARH	1.10	3.65	2.80	0.00	7.55
3	125	NOOR	CHANDIGARH	2.30	3.10	2.15	0.00	7.55
4	126	DEEP	CHANDIGARH	2.40	2.70	2.00	0.00	7.10
5	118	ZANIAH SETHI	DELHI	3.75	4.45	5.20	0.00	13.40
6	117	ZIYA KHANNA	DELHI	3.20	4.30	5.10	0.00	12.60
7	119	SIYA RATHER	DELHI	2.70	4.20	5.15	0.00	12.05
8	120	ROCHAN RAWAT	DELHI	2.70	4.15	4.75	0.00	11.60
10	148	DEETA PATEL	GUJARAT	2.50	3.85	3.35	0.00	9.70
11	149	DHANVI SHUKLA	GUJARAT	2.20	3.85	3.35	0.00	9.40
12	150	NAMRITA VASAVA	GUJARAT	1.10	2.90	2.15	0.00	6.15
13	133	SIA PRAKASH	HARYANA	6.50	5.75	5.20	0.00	17.45
14	132	NAVIKA SINGH	HARYANA	4.95	5.50	5.40	0.00	15.85
15	134	MISHKA TURK	HARYANA	4.15	4.50	4.20	0.10	12.75
16	135	EESHA	HARYANA	3.95	4.40	4.40	0.30	12.45
17	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	6.80	6.50	6.00	0.00	19.30
18	145	PRACHI SHARMA	JAMMU AND KASHMIR	4.85	5.65	5.90	0.00	16.40
19	146	SHRENYA SHARMA	JAMMU AND KASHMIR	2.40	5.20	5.20	0.00	12.80
20	147	HARGUN KOUR	JAMMU AND KASHMIR	2.60	5.40	4.65	0.60	12.05
21	128	RIYA BAFNA	KARNATAKA	4.90	5.30	4.70	0.60	14.30
22	129	DEETHYA K M	KARNATAKA	3.60	5.20	4.45	0.00	13.25
23	130	JASHVI BHANSALI	KARNATAKA	2.40	4.25	4.15	0.30	10.50
24	131	GRESHAM M	KARNATAKA	2.10	3.60	3.60	0.00	9.30
25	104	RITVIKA RAJESH	KERALA	1.50	3.65	4.00	0.00	9.15
26	102	VISRUTHA VINOD	KERALA	1.10	3.50	4.50	0.00	9.10
27	103	ABHINANDANA N A	KERALA	0.60	3.05	3.95	0.00	7.60
28	101	NIRANJA ABHILASH	KERALA	1.20	3.10	3.25	0.00	7.55



# SUB JUNIOR RHYTHMIC GYMNASTICS NATIONAL CHAMPIONSHIP 2022-2023



Gopalan Sports Center (Gopalan International School)  
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#	CHEST	NAME	STATE	D- SCORE	A- SCORE	E- SCORE	PENALTY	FINAL
29	136	SAIDNYA SHINDE	MAHARASHTR A	7.05	7.70	5.70	0.00	20.45
30	137	RITIKA INGALGAONKAR	MAHARASHTR A	6.60	7.20	6.00	0.00	19.80
31	139	SWARANGI NARVEKAR	MAHARASHTR A	6.60	6.55	6.35	0.00	19.50
32	138	SHAMIKA JOSHI	MAHARASHTR A	5.55	6.70	6.15	0.00	18.40
33	141	ISHABIR	PUNJAB	3.35	4.90	4.85	0.00	13.10
34	140	SEERAT ANAND	PUNJAB	3.70	4.10	4.30	0.30	11.80
35	142	HARMAN JEET KAUR	PUNJAB	1.70	4.30	4.30	0.00	10.30
36	143	ANUMEET KAUR	PUNJAB	1.40	3.80	3.95	0.00	9.15
37	109	MEHAL JAIN	RAJASTHAN	4.40	4.45	3.95	0.30	12.50
38	108	RAKSHITA SOLANKI	RAJASTHAN	0.90	3.55	4.05	0.00	8.50
39	107	METREYEE SHARMA	RAJASTHAN	1.10	3.20	2.55	0.00	6.85
40	115	U. S. SAATHVIKA	TAMIL NADU	0.40	2.25	1.65	0.00	4.3
41	116	A. SAMYUKTHAA SREE	TAMIL NADU	0.40	1.85	1.35	0.00	3.6
42	113	K. KEERTHANA	TAMIL NADU	0.30	1.95	1.00	0.60	2.65
43	114	K. MAHALAKSHMI	TAMIL NADU	0.40	2.00	0.90	1.20	2.1
44	121	V. CHEATRA SREE	TELANGANA	0.80	3.30	3.30	0.00	7.40
45	122	NEHITHA	TELANGANA	1.00	2.70	2.05	0.00	5.75
46	123	K. SRILEKHA	TELANGANA	0.50	1.80	1.90	0.00	4.2
47	110	AANYA GOEL	UTTAR PRADESH	3.80	3.70	3.80	0.00	11.30
48	112	VAISHNAVI SHARMA	UTTAR PRADESH	2.10	4.85	3.90	0.30	10.55
49	111	JASVEEN KAUR	UTTAR PRADESH	1.70	4.50	3.35	0.00	9.55
50	105	RIYA PARVIN	WEST BENGAL	2.30	3.45	4.00	0.03	9.72
51	106	SOUMILI MALICK	WEST BENGAL	0.50	3.15	2.80	0.00	6.45



# SUB JUNIOR RHYTHMIC GYMNASTICS NATIONAL CHAMPIONSHIP 2022-2023



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## Ball

#	CHEST	NAME	STATE	D-SCORE	A-SCORE	E-SCORE	PENALTY	FINAL
1	127	SAMISHA	CHANDIGARH	2.40	4.15	3.75	0.00	10.30
2	125	NOOR	CHANDIGARH	2.30	3.35	3.75	0.00	9.40
3	126	DEEP	CHANDIGARH	2.00	3.30	4.05	0.00	9.35
4	124	MANYA SHARMA	CHANDIGARH	1.10	3.75	4.40	0.60	8.65
5	119	SIYA RATHER	DELHI	6.30	6.20	6.10	0.00	18.60
6	117	ZIYA KHANNA	DELHI	4.00	6.65	4.90	0.00	15.55
7	120	ROCHAN RAWAT	DELHI	3.80	5.05	4.65	0.00	13.50
8	118	ZANIAH SETHI	DELHI	2.40	5.15	4.90	0.60	11.85
10	149	DHANVI SHUKLA	GUJARAT	3.30	4.20	4.50	0.00	12.00
11	148	DEETA PATEL	GUJARAT	2.10	3.90	4.65	0.00	10.65
12	150	NAMRITA VASAVA	GUJARAT	0.70	3.15	2.55	0.00	6.40
13	133	SIA PRAKASH	HARYANA	8.00	7.05	6.10	0.60	20.55
14	132	NAVIKA SINGH	HARYANA	5.70	6.30	5.65	0.00	17.65
15	135	EESHA	HARYANA	4.70	6.10	5.85	0.00	16.65
16	134	MISHKA TURK	HARYANA	5.00	6.00	5.45	0.00	16.45
17	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	5.95	7.00	5.75	0.00	18.70
18	145	PRACHI SHARMA	JAMMU AND KASHMIR	6.20	5.65	5.60	0.00	17.45
19	147	HARGUN KOUR	JAMMU AND KASHMIR	3.60	5.75	5.65	0.00	15.00
20	146	SHRENYA SHARMA	JAMMU AND KASHMIR	2.70	5.25	4.20	0.60	11.55
21	129	DEETHYA K M	KARNATAKA	3.75	4.35	5.65	0.00	13.75
22	128	RIYA BAFNA	KARNATAKA	3.50	5.05	4.95	0.00	13.50
23	130	JASHVI BHANSALI	KARNATAKA	2.40	4.35	5.40	0.00	12.15
24	131	GRESHAM M	KARNATAKA	1.30	3.85	3.45	0.00	8.60
25	102	VISRUTHA VINOD	KERALA	0.70	3.70	3.25	0.60	7.05
26	101	NIRANJA ABHILASH	KERALA	0.80	2.65	3.35	0.00	6.80
27	104	RITVIKA RAJESH	KERALA	0.60	3.10	3.10	0.60	6.20
28	103	ABHINANDANA N A	KERALA	0.60	3.15	2.30	0.00	6.05
29	137	RITIKA INGALGAONKAR	MAHARASHTRA	7.40	7.15	7.00	0.00	21.55
30	136	SAIDNYA SHINDE	MAHARASHTRA	7.40	7.05	7.00	0.00	21.45



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#	CHEST	NAME	STATE	D- SCORE	A- SCORE	E- SCORE	PENALTY	FINAL
31	138	SHAMIKA JOSHI	MAHARASHTR A	7.40	6.65	7.10	0.00	21.15
32	139	SWARANGI NARVEKAR	MAHARASHTR A	5.30	6.25	6.55	0.00	18.10
33	141	ISHABIR	PUNJAB	4.35	4.70	5.55	0.00	14.60
34	140	SEERAT ANAND	PUNJAB	2.40	4.25	5.75	0.00	12.40
35	143	ANUMEET KAUR	PUNJAB	1.20	3.60	4.95	0.00	9.75
36	142	HARMAN JEET KAUR	PUNJAB	1.30	4.00	4.15	0.30	9.15
37	109	MEHAL JAIN	RAJASTHAN	5.70	5.25	5.40	0.00	16.35
38	108	RAKSHITA SOLANKI	RAJASTHAN	1.40	3.10	2.85	0.00	7.35
39	107	METREYEE SHARNMA	RAJASTHAN	0.80	3.20	2.60	0.00	6.60
40	115	U. S. SAATHVIKA	TAMIL NADU	0.40	3.10	2.05	0.00	5.55
41	116	A. SAMYUKTHAA SREE	TAMIL NADU	0.40	2.85	1.85	0.00	5.10
42	114	K. MAHALAKSHMI	TAMIL NADU	0.40	2.75	1.65	0.30	4.50
43	113	K. KEERTHANA	TAMIL NADU	0.40	2.85	1.30	0.60	3.95
44	122	NEHITHA	TELANGANA	0.80	3.00	4.25	0.00	8.05
45	121	V. CHEATRA SREE	TELANGANA	0.50	3.10	3.70	0.00	7.30
46	123	K. SRILEKHA	TELANGANA	0.50	2.70	2.10	0.00	5.30
47	110	AANYA GOEL	UTTAR PRADESH	5.30	5.20	5.20	0.00	15.70
48	112	VAISHNAVI SHARMA	UTTAR PRADESH	2.80	3.55	5.15	0.00	11.50
49	111	JASVEEN KAUR	UTTAR PRADESH	2.30	4.00	2.60	0.60	8.30
50	105	RIYA PARVIN	WEST BENGAL	1.10	3.50	3.50	0.30	7.80
51	106	SOUMILI MALLICK	WEST BENGAL	0.80	3.10	2.35	0.00	6.25





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## Clubs

#	CHEST	NAME	STATE	D-SCORE	A-SCORE	E-SCORE	PENALTY	FINAL
1	124	MANYA SHARMA	CHANDIGARH	1.40	3.70	3.60	0.00	8.70
2	127	SAMISHA	CHANDIGARH	1.25	3.45	3.00	0.00	7.70
3	125	NOOR	CHANDIGARH	1.70	3.15	2.65	0.00	7.50
4	126	DEEP	CHANDIGARH	1.30	2.90	2.60	0.00	6.80
5	117	ZIYA KHANNA	DELHI	4.35	5.70	4.95	0.00	15.00
6	119	SIYA RATHER	DELHI	5.00	4.90	5.00	0.00	14.90
7	118	ZANIAH SETHI	DELHI	4.40	5.50	4.95	0.00	14.85
8	120	ROCHAN RAWAT	DELHI	2.50	4.35	4.65	0.00	11.50
10	148	DEETA PATEL	GUJARAT	1.10	3.40	2.90	0.00	7.40
11	149	DHANVI SHUKLA	GUJARAT	1.50	3.25	2.60	0.90	6.45
12	150	NAMRITA VASAVA	GUJARAT	1.55	2.90	1.95	0.00	6.40
13	133	SIA PRAKASH	HARYANA	6.25	6.95	6.15	0.00	19.35
14	134	MISHKA TURK	HARYANA	5.70	5.75	5.60	0.00	17.05
15	135	EESHA	HARYANA	4.80	5.40	5.30	0.00	15.50
16	132	NAVIKA SINGH	HARYANA	4.55	4.25	5.25	0.00	14.05
17	145	PRACHI SHARMA	JAMMU AND KASHMIR	5.05	4.80	6.05	0.00	15.90
18	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	5.80	4.45	5.25	0.00	15.50
19	147	HARGUN KOUR	JAMMU AND KASHMIR	2.95	5.10	5.05	0.60	12.50
20	146	SHRENYA SHARMA	JAMMU AND KASHMIR	2.55	4.20	5.10	0.00	11.85
21	128	RIYA BAFNA	KARNATAKA	4.05	5.05	5.30	0.00	14.40
22	129	DEETHYA K M	KARNATAKA	3.60	4.25	4.15	0.00	12.00
23	131	GRESHAM M	KARNATAKA	2.10	4.70	4.00	0.00	10.80
24	130	JASHVI BHANSALI	KARNATAKA	1.70	4.10	4.70	0.00	10.50
25	102	VISRUTHA VINOD	KERALA	1.00	3.45	3.50	0.00	7.95
26	101	NIRANJA ABHILASH	KERALA	0.70	3.10	3.30	0.00	7.10
27	104	RITVIKA RAJESH	KERALA	0.40	3.30	2.60	0.00	6.30
28	103	ABHINANDANA N A	KERALA	0.70	3.00	2.40	0.00	6.10
29	137	RITIKA INGALGAONKAR	MAHARASHTRA	6.60	7.15	6.45	0.00	20.20
30	138	SHAMIKA JOSHI	MAHARASHTRA	5.90	7.00	6.70	0.00	19.60





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#	CHEST	NAME	STATE	D- SCORE	A- SCORE	E- SCORE	PENALTY	FINAL
31	136	SAIDNYA SHINDE	MAHARASHTR A	5.65	7.10	6.60	0.00	19.35
32	139	SWARANGI NARVEKAR	MAHARASHTR A	5.00	6.80	6.55	0.00	18.35
33	141	ISHABIR	PUNJAB	4.00	3.85	4.55	0.00	12.40
34	140	SEERAT ANAND	PUNJAB	3.00	4.25	4.25	0.00	11.50
35	142	HARMAN JEET KAUR	PUNJAB	2.90	3.65	4.05	0.00	10.60
36	143	ANUMEET KAUR	PUNJAB	2.10	3.60	3.90	0.00	9.60
37	109	MEHAL JAIN	RAJASTHAN	5.65	4.70	5.00	0.00	15.35
38	108	RAKSHITA SOLANKI	RAJASTHAN	1.00	2.60	2.70	0.00	6.30
39	107	METREYEE SHARNMA	RAJASTHAN	0.95	2.75	2.60	0.00	6.30
40	115	U. S. SAATHVIKA	TAMIL NADU	0.50	2.55	1.50	0.00	4.55
41	113	K. KEERTHANA	TAMIL NADU	0.40	2.60	1.40	0.00	4.40
42	116	A. SAMYUKTHAA SREE	TAMIL NADU	0.40	2.45	1.50	0.00	4.35
43	114	K. MAHALAKSHMI	TAMIL NADU	0.50	2.40	1.40	0.00	4.30
44	121	V. CHEATRA SREE	TELANGANA	0.70	3.05	2.85	0.00	6.60
45	122	NEHITHA	TELANGANA	0.40	2.75	2.30	0.00	5.45
46	123	K. SRILEKHA	TELANGANA	1.00	2.95	1.50	0.00	5.45
47	110	AANYA GOEL	UTTAR PRADESH	4.70	4.65	4.30	0.00	13.65
48	111	JASVEEN KAUR	UTTAR PRADESH	3.55	3.95	4.10	0.00	11.60
49	112	VAISHNAVI SHARMA	UTTAR PRADESH	0.40	2.60	1.40	0.00	4.40
50	105	RIYA PARVIN	WEST BENGAL	1.85	3.95	3.25	0.00	9.05
51	106	SOUMILI MALLICK	WEST BENGAL	1.00	2.75	2.45	0.00	6.20



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## Ribbon

#	CHEST	NAME	STATE	D-SCORE	A-SCORE	E-SCORE	PENALTY	FINAL
1	127	SAMISHA	CHANDIGARH	1.90	3.95	3.90	0.00	9.75
2	124	MANYA SHARMA	CHANDIGARH	1.90	3.40	3.80	0.30	8.80
3	126	DEEP	CHANDIGARH	1.20	2.90	2.70	0.00	6.80
4	125	NOOR	CHANDIGARH	0.60	2.65	2.60	0.00	5.85
5	118	ZANIAH SETHI	DELHI	4.50	4.90	5.10	0.00	14.50
6	119	SIYA RATHER	DELHI	4.15	4.30	5.00	0.00	13.45
7	120	ROCHAN RAWAT	DELHI	2.10	4.60	4.90	0.00	11.60
8	117	ZIYA KHANNA	DELHI	2.45	4.50	4.40	0.00	11.35
10	149	DHANVI SHUKLA	GUJARAT	2.50	3.55	3.70	0.30	9.45
11	148	DEETA PATEL	GUJARAT	1.20	2.90	3.00	0.00	7.10
12	150	NAMRITA VASAVA	GUJARAT	0.90	2.65	2.45	0.00	6.00
13	133	SIA PRAKASH	HARYANA	6.45	6.65	6.20	0.00	19.30
14	134	MISHKA TURK	HARYANA	4.90	5.90	5.30	0.00	16.10
15	132	NAVIKA SINGH	HARYANA	4.75	5.75	4.75	0.00	15.25
16	135	EESHA	HARYANA	4.45	5.30	5.20	0.30	14.65
17	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	4.95	6.10	5.20	0.00	16.25
18	145	PRACHI SHARMA	JAMMU AND KASHMIR	4.95	5.80	5.25	0.00	16.00
19	147	HARGUN KOUR	JAMMU AND KASHMIR	2.55	4.90	4.75	0.00	12.20
20	146	SHRENYA SHARMA	JAMMU AND KASHMIR	1.60	4.60	5.65	0.00	11.85
21	128	RIYA BAFNA	KARNATAKA	5.00	5.10	5.30	0.00	15.40
22	129	DEETHYA K M	KARNATAKA	2.00	4.30	4.35	0.00	10.65
23	130	JASHVI BHANSALI	KARNATAKA	1.00	3.60	4.45	0.00	9.05
24	131	GRESHAM M	KARNATAKA	0.70	3.10	3.55	0.60	6.75
25	102	VISRUTHA VINOD	KERALA	0.70	2.35	3.40	0.60	5.85
26	104	RITVIKA RAJESH	KERALA	0.50	2.50	2.75	0.30	5.45
27	101	NIRANJA ABHILASH	KERALA	0.95	2.60	2.85	1.20	5.20
28	103	ABHINANDANA N A	KERALA	0.40	2.20	2.15	0.00	4.75
29	136	SAIDNYA SHINDE	MAHARASHTRA	6.60	6.70	6.55	0.00	19.85
30	137	RITIKA INGALGAONKAR	MAHARASHTRA	6.35	6.65	6.50	0.00	19.50
31	138	SHAMIKA JOSHI	MAHARASHTRA	5.20	6.25	6.25	0.00	17.70



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#	CHEST	NAME	STATE	D- SCORE	A- SCORE	E- SCORE	PENALTY	FINAL
32	139	SWARANGI NARVEKAR	MAHARASHTRA	5.95	6.00	5.70	0.30	17.35
33	141	ISHABIR	PUNJAB	3.55	4.00	5.20	0.30	12.45
34	140	SEERAT ANAND	PUNJAB	2.70	3.60	5.30	0.00	11.60
35	143	ANUMEET KAUR	PUNJAB	1.00	3.10	3.55	0.00	7.65
36	142	HARMAN JEET KAUR	PUNJAB	0.70	3.15	3.90	0.30	7.45
37	109	MEHAL JAIN	RAJASTHAN	3.25	5.25	5.80	0.60	13.70
38	107	METREYEE SHARNMA	RAJASTHAN	1.20	2.70	3.15	0.00	7.05
39	108	RAKSHITA SOLANKI	RAJASTHAN	0.65	2.90	3.40	0.00	6.95
40	116	A. SAMYUKTHAA SREE	TAMIL NADU	0.40	2.50	2.20	0.00	5.10
41	113	K. KEERTHANA	TAMIL NADU	0.40	2.60	1.75	0.00	4.75
42	114	K. MAHALAKSHMI	TAMIL NADU	0.40	2.60	1.75	0.00	4.75
43	115	U. S. SAATHVIKA	TAMIL NADU	0.40	2.30	1.85	0.00	4.55
44	121	V. CHEATRA SREE	TELANGANA	0.70	2.50	3.45	0.00	6.65
45	122	NEHITHA	TELANGANA	0.40	2.50	2.10	0.00	5.00
46	123	K. SRILEKHA	TELANGANA	0.40	2.50	1.95	0.00	4.85
47	110	AANYA GOEL	UTTAR PRADESH	4.00	4.60	5.25	0.30	13.55
48	111	JASVEEN KAUR	UTTAR PRADESH	2.85	4.25	3.75	0.00	10.85
49	112	VAISHNAVI SHARMA	UTTAR PRADESH	2.55	3.60	4.45	0.00	10.60
50	105	RIYA PARVIN	WEST BENGAL	-	-	-	-	-
51	106	SOUMILI MALLICK	WEST BENGAL	-	-	-	-	-



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## Competition – III: Rhythmic Gymnastics

### Hoop

#	CHEST	NAME	STATE	D- SCORE	A- SCORE	E- SCORE	PENALTY	FINAL
1	137	RITIKA INGALGAONKAR	MAHARASHTRA	8.00	6.95	6.75	0.00	21.70
2	136	SAIDNYA SHINDE	MAHARASHTRA	8.20	6.85	6.65	0.00	21.70
3	133	SIA PRAKASH	HARYANA	7.75	6.80	6.40	0.00	20.95
4	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	6.75	6.00	6.10	0.00	18.85
5	128	RIYA BAFNA	KARNATAKA	5.95	5.70	5.35	0.00	17.00
6	132	NAVIKA SINGH	HARYANA	5.15	5.75	5.75	0.00	16.65
7	118	ZANIAH SETHI	DELHI	4.35	5.75	6.15	0.00	16.25
8	145	PRACHI SHARMA	JAMMU AND KASHMIR	4.30	4.95	4.75	0.00	14.00



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## Ball

#	CHEST	NAME	STATE	D- SCORE	A- SCORE	E- SCORE	PENALITY	FINAL
1	136	SAIDNYA SHINDE	MAHARASHTRA	6.80	6.70	6.55	0.00	20.05
2	137	RITIKA INGALGAONKAR	MAHARASHTRA	6.30	7.35	6.35	0.00	20.00
3	133	SIA PRAKASH	HARYANA	6.30	6.20	5.80	0.00	18.30
4	145	PRACHI SHARMA	JAMMU AND KASHMIR	7.80	4.70	5.50	0.00	18.00
5	132	NAVIKA SINGH	HARYANA	5.50	4.90	5.90	0.00	16.30
6	119	SIYA RATHER	DELHI	5.80	4.90	5.00	0.00	15.70
7	109	MEHAL JAIN	RAJASTHAN	4.30	5.00	5.45	0.00	14.75
8	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	5.20	4.45	4.25	0.00	13.90





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## Clubs

#	CHEST	NAME	STATE	D- SCORE	A- SCORE	E- SCORE	PENALTY	FINAL
1	137	RITIKA INGALGAONKAR	MAHARASHTR A	7.00	7.00	6.90	0.00	20.90
2	133	SIA PRAKASH	HARYANA	7.60	6.80	6.25	0.00	20.65
3	138	SHAMIKA JOSHI	MAHARASHTR A	6.35	6.65	6.30	0.00	19.30
4	134	MISHKA TURK	HARYANA	4.95	6.20	5.65	0.00	16.80
5	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	5.40	6.05	5.25	0.00	16.70
6	145	PRACHI SHARMA	JAMMU AND KASHMIR	5.60	5.10	4.70	0.00	15.40
7	117	ZIYA KHANNA	DELHI	3.90	5.70	5.65	0.00	15.25
8	109	MEHAL JAIN	RAJASTHAN	4.05	5.40	4.15	0.00	13.60





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## Ribbon

#	CHEST	NAME	STATE	D- SCORE	A- SCORE	E- SCORE	PENALITY	FINAL
1	137	RITIKA INGALGAONKAR	MAHARASHTR A	6.40	6.45	6.30	0.00	19.15
2	133	SIA PRAKASH	HARYANA	6.50	6.05	6.30	0.00	18.85
3	136	SAIDNYA SHINDE	MAHARASHTR A	6.95	6.00	5.75	0.00	18.70
4	145	PRACHI SHARMA	JAMMU AND KASHMIR	5.35	5.05	5.75	0.00	16.15
5	134	MISHKA TURK	HARYANA	5.10	5.20	5.75	0.00	16.05
6	144	TRIZA BILAL THAPA	JAMMU AND KASHMIR	4.15	4.55	5.60	0.60	13.70
7	118	ZANIAH SETHI	DELHI	3.95	4.75	4.80	0.00	13.50
8	128	RIYA BAFNA	KARNATAKA	3.65	4.20	4.55	0.00	12.40



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**THANK  
YOU!**

**For any queries, kindly contact us  
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