



# GYMNASTICS FEDERATION OF INDIA (Regd.)

Affiliated to Federation Internationale de Gymnastique, Asian Gymnastics Union,  
Commonwealth Gymnastics Confederation and Indian Olympic Association

**President & Chief Executive**

**Sudhir Mital IAS (Retd.)**

+91 - 98711 11198

presidentgfi19@gmail.com

indiagymnastics2019@gmail.com

Ref.: Prgfi/Nationals/Feb/25/1

25<sup>th</sup> February 2023

To

The President /Secretary

All Member State Gymnastics Associations/Units of GFI

**Subject: 16<sup>th</sup> Aerobic Gymnastics National Championships (All Age Group) for 2022-2023**

Dear Members,

Gymnastics Federation of India is pleased to convey that the 16<sup>th</sup> National Championships for 2022-2023 in Aerobic Gymnastics will be held at Gopalan Sports Center, Bengaluru, Karnataka from 29<sup>th</sup> to 31<sup>st</sup> March 2023. All the affiliated units are invited to participate in the Championships under the aegis of GFI as per the details hereunder:

**HOST STATE:** Gymnast Association of Karnataka

## **COMPETITION SCHEDULE / DETAILS:**

Event: 16<sup>th</sup> Aerobic Gymnastics National Championship (All Age Group) 2022-2023

Date: 29<sup>th</sup> to 31<sup>st</sup> March 2023

Venue: Gopalan Sports Center (Gopalan International School), Behind SAP Labs  
Basavanagar, Seetharampalya, Hoodi, Bengaluru, Karnataka - 560048

Arrival of Team: 28<sup>th</sup> March 2023

Departure of Team: 1<sup>st</sup> April 2023 (morning)

## **COMPOSITION OF TEAM WITH AGE REQUIREMENT:**

S. No	Particulars	Senior 18 yrs & above	Junior 15 - 17 Years	Age Group 12 - 14 Years	Age Group 9 – 11 Years
1	Age Requirements (In terms of Birth Year)	Born in 2005 or before	Born in 2006 - 2008	Born in 2009 - 2011	Born in 2012 - 2014
2	Events Allowed	IM, IW, MP, Trio, Group & Aero Dance	IM, IW, MP, Trio & Group	IM, IW, MP, Trio & Group	IM, IW, MP, Trio
3	Composition (Max)				
(a)	No. of entries for each event	<u>In Mixed Pair &amp; Trio Events two Entries per State/Unit</u> <u>Whereas in Individual Man, Individual Woman, Group &amp; AeroDance only</u> <u>Single entry per State/Unit shall be allowed.</u>			
(b)	Max. Number of Gymnasts	25	17	17	12
(c)	Coaches	3			



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(d)	Manager	02 (One Male & One Female)
(e)	State Judge (at State's expenses)	02

## **COMPETITION STRUCTURE:**

The Competition shall consist of Qualification Round & Final Round in all categories. The Gymnasts will be allowed to compete in Maximum 3 Categories & no more. The Competition format may be subject to change in case of any difficulty in organization or otherwise in case of any change prior notice shall be given before the start of competition.

### **a) Qualifying Competition**

- Individual Man, Individual Women, Mix Pair, Trio, Group and Aero Dance will perform in the Qualifying Competition.
  - Entry of 10 or more state/unit - Best 8
  - Entry of 7 to 9 state/unit - Best 6
  - Entry of 6 or less state/unit - No Finals, Results will be declared from Qualifications.

### **b) Qualifying Competition**

- The qualified IM, IW, MP, TR, GR & AD (maximum 1 per State/Unit) will perform in the Final Competition for Positions/Medals.

## **REGISTRATION:**

- i) All States/Units shall be required to forward the entry form (enclosed), dully filled in by the entry deadline of **15<sup>th</sup> March 2023** to [indiagymnastics2019@gmail.com](mailto:indiagymnastics2019@gmail.com), with a copy to host state at [gakblr.2014@gmail.com](mailto:gakblr.2014@gmail.com)
- ii) The Entry Form along with a copy of self-attested Aadhar card should be submitted during Registration of Gymnasts on arrival.
- iii) Incomplete /unsigned Entry Forms will not be accepted.
- iv) Each State/Unit should carry 2 flags of its state/unit.

## **TECHNICAL RULES:**

The competition shall be conducted as per the FIG Aerobic Gymnastics Code of Points 2022-24 and Age group program included therein as amended from time to time. The Competition Director & Technical Delegate will have the power to clarify or provide for any doubts or difficulty.

## **JUDGES:**

- i) Each participating state/unit must send at least 2 qualified Judges (15<sup>th</sup> Cycle International /Current GFI Brevet holders) in case of participation in multiple age groups or at least 1 qualified Judge in case of participation within only single age group.



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- ii) GFI may also appoint Judges and other official for the smooth running of the Competition. (DA to the Judges shall be paid as per GFI Norms).

## **AGE CERTIFICATE:**

- i) All the Gymnasts shall be required to produce a copy of self-attested Aadhar Card.
- ii) No Gymnast shall be allowed to participate in the Championship without the Aadhar Card.
- iii) If a Gymnast is found producing incorrect or forged Age proof, he/she will not be considered for participation in any of future competitions/trials.

## **ENTRY FEES:**

Each participating State has to pay Entry fee of Rs. 1,000/- per State (one time fees for Senior, Junior & Sub Junior Rhythmic Gymnastics Championships).

## **REGISTRATION FEES:**

All the Gymnasts & Coaches (except Judges) shall be required to pay Rs.750/- per Gymnast/Coach/Manager towards Registration Fees.

## **PROTEST:**

Protest, if any, should be lodged with the Competition Director with a fee of Rs. 500/- as per the FIG Rules. The Protest must be submitted on the letter head of the respective state/unit and should be signed by an authorized signatory.

## **RECEPTION:**

The host state will provide all the facilities to the participants including transport from/to the Bengaluru Railway Station / Airport / Bus Station and will provide accommodation only to the nominated Players & officials from their respective Associations.

Contact Person: Mr. Kiran T P, General Secretary, Gymnastics Association of Karnataka

Mobile (+91-9845003429)

Sincerely

For **Gymnastics Federation of India**

Sudhir Mital  
President

